

BRENTWOOD CHRISTIAN

FEBRUARY LUNCH MENU 2025

MONDAY

3
Popcorn Chicken w/ Mac & Cheese & Roasted/Steamed Veggies

Healthy Option:
Garden Salad (Lettuce, Tomatoes, Cucumber, Croutons, Cheese, Ranch Dressing)

10 Chipotle Chicken Bowl (w/ Grilled Chicken, Rice, Beans, Roasted Corn, Roasted Peppers/Onion, Salsa Packet On The Side)

Healthy Option:
Grilled Chicken Fajita Salad W/ Grilled Chicken, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, Black Beans, Bell Peppers, Onions & Ranch Dressing

17

24
Buffalo Boneless Chicken Wings W/ Tater Tots & Roasted/Steamed Veggies

Healthy Option:
Grilled Chicken Salad (Lettuce, Grilled Chicken, Roasted Corn, Tomatoes, Cucumber, Cheese, & Ranch Dressing)

TUESDAY

4 Carnitas Chipotle Bowl (w/ Carnitas Pork, Rice, Beans, Roasted Corn, Roasted Peppers/Onion, Salsa Packet On The Side)

Healthy Option:
Grilled Chicken Fajita Salad W/ Grilled Chicken, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, Black Beans, Bell Peppers, Onions & Ranch Dressing

11 Korean Street Tacos w/ Cilantro Lime Rice & Roasted/Steamed Veggies

Healthy Option:
Grilled Chicken Salad (Lettuce, Grilled Chicken, Roasted Corn, Tomatoes, Cucumber, Cheese, & Ranch Dressing)

18

25
Ground Beef Chipotle Bowl (w/ Ground Beef, Rice, Beans, Roasted Corn, Roasted Peppers/Onion, Salsa Packet On The Side)

Healthy Option:
Ground Beef Fajita Salad W/ Ground Beef, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, Black Beans, Bell Peppers, Onions & Ranch Dressing

WEDNESDAY

5
Sweet-and-Sour Chicken w/ Steamed Rice & Egg Roll

Healthy Option:
Mediterranean Chicken Salad w/ Salad Mix, Grilled Chicken, Tomatoes, Feta, Olives, Red Onion, Roasted Zucchini, & Balsamic Vinaigrette

12 BBQ Pulled Pork Sandwich w/ French Fries Roasted/Steamed Veggies

Healthy Option:
Mediterranean Chicken Salad w/ Salad Mix, Grilled Chicken, Tomatoes, Feta, Olives, Red Onion, Roasted Zucchini, & Balsamic Vinaigrette

19

26
Chicken Pot Pie w/ Dinner Roll & Roasted/Steamed Veggies

Healthy Option:
Mediterranean Chicken Salad w/ Salad Mix, Grilled Chicken, Tomatoes, Feta, Olives, Red Onion, Roasted Zucchini, & Balsamic Vinaigrette

THURSDAY

6
Spaghetti & Meat Sauce w/ Garlic Bread & Caesar Salad

Healthy Option:
Grilled Chicken Caesar Salad (Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Caesar Dressing)

13 Maeryn's Baked Ziti w/ Garlic Bread and Garden Salad

Healthy Option:
Grilled Chicken Caesar Salad (Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Caesar Dressing)

20

27
Beef & Cheese Lasagna w/ Garlic Bread & Side Caesar Salad

Healthy Option:
Grilled Chicken Caesar Salad (Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Caesar Dressing)

FRIDAY

7
Bacon, Egg, & Cheese Breakfast Sandwich w/ Hashbrowns & Fruit

Healthy Option:
Baked Potato (w/ Bacon, Cheese, Sour Cream, & Green Onions) w/ Daily Veggie

14 Waffles w/ Sausage Patty, Hashbrowns, & Fruit

Healthy Option:
Baked Potato (w/ Bacon, Cheese, Sour Cream, & Green Onions) w/ Daily Veggie

21

28
Sausage, Egg, & Cheese Biscuit w/ Hashbrowns & Fruit

Healthy Option:
Baked Potato (w/ Bacon, Cheese, Sour Cream, & Green Onions) w/ Daily Veggie

Everyday Options:

Hamburger
or
Cheeseburger
w/ Chips & Daily
Veggie

Cheese Pizza
w/ Chips & Daily
Veggie

Additional Options:

We have additional
healthy options
available each day.
Visit
craveit.boonli.com
to see them.